

A guest in nature

Watch from a distance

Do not feed, touch or follow wildlife. If animals react to you, calmly give them more space.

Look and leave in place

Leave plants and natural objects where they belong. Do not taste or experimentally touch unfamiliar things.

Respect the paths

Use permitted paths. Observe closures and local protection rules.

Take everything home

Fruit peel, food scraps and small pieces of packaging belong back in your bag too.

Leave quiet and space

Keep noise low and let others pass. Follow local dog rules and keep dogs away from wildlife.

Picnic without flames

Choose food that needs no stove. Observe current local fire restrictions and wildfire guidance.

wanderlust.wiki · Your little nature companion



Before you set out

- [ ] **Route and people**

  Match the route, difficulty and return to everyone. Allow time for breaks and a margin.

- [ ] **Weather and daylight**

  Check the forecast and closures. Leave enough daylight for the return journey.

- [ ] **Water and protection**

  Bring water, food, suitable shoes, weather protection and sun protection.

- [ ] **Navigation and help**

  Be able to open your offline map; charge your phone. Bring first aid and personal medication.

- [ ] **Share and adapt your plan**

  Tell someone your route and return time. Reconsider when uncertain or when conditions change.

Turning back is part of it. A good walk needs no summit.

A starting list for easy day outings. Demanding routes need additional skills and equipment. Local rules take precedence.

Background & further reading

National Park Service · Leave No Trace, Blue Ridge Parkway

National Park Service · Watching Wildlife

Nationalpark Bayerischer Wald · Verhaltenstipps

BFU · Wandern und Bergwandern